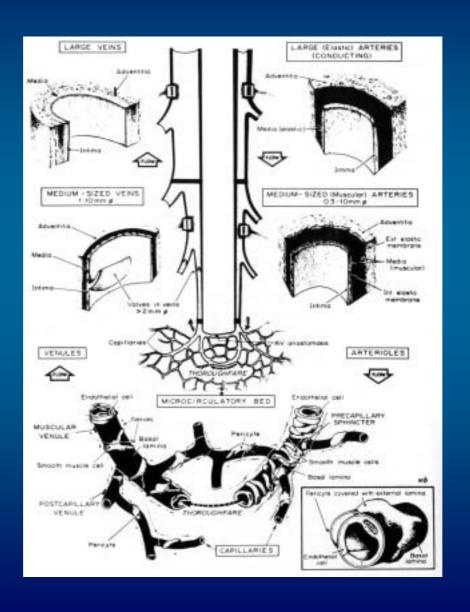
-Evaluation of EMF Exposure Effects in Animals-



Chiyoji Ohkubo
National Institute of Public Health
Japan

- 1. Microcirculation and Intravital Microscopy
- 2. Pharmacological Evaluation
- 3. Hypertension Model
- 4. Atherosclerosis Model
- 5. Cigarette Smoking Model
- 6. Evaluation of EMF

Microcirculation

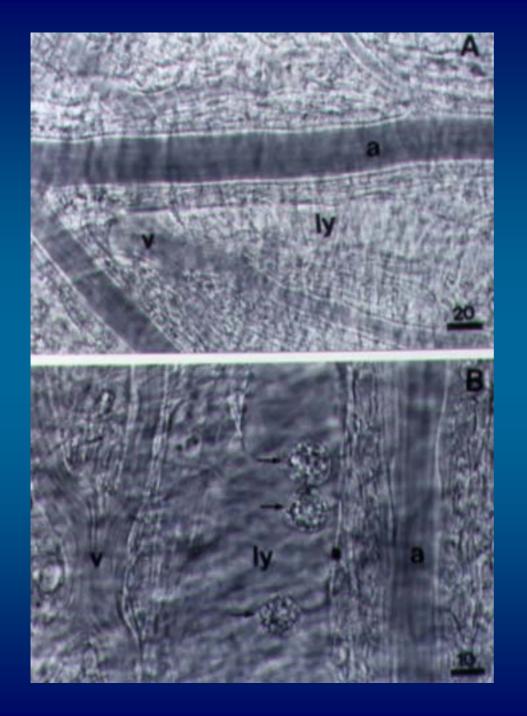


Microcirculatory Unit





Fig. 2.4. A schematic representation of the structural pattern of the capillary bed. (From Zweifach, 1949.)



a: arteriole

v: venule

ly: lymphatic capillary

Methods for in vivo evaluation of microcirculation

Purpose?
Period?
Animal?
Tissue/organs?

mesentery
hamster check pouch
cremaster muscle
cranial window
rabbit ear chamber
dorsal skinfold chamber
nail bed

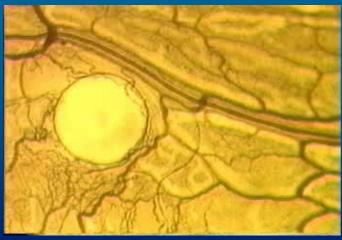
• • • • • •

Chamber Methods

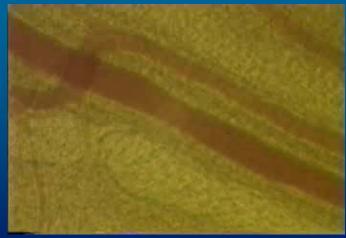


Rabbit Ear Chamber Method





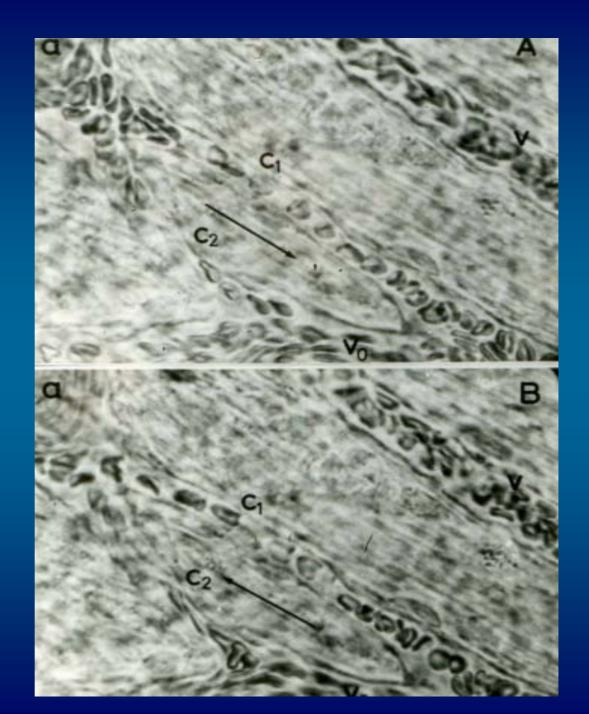




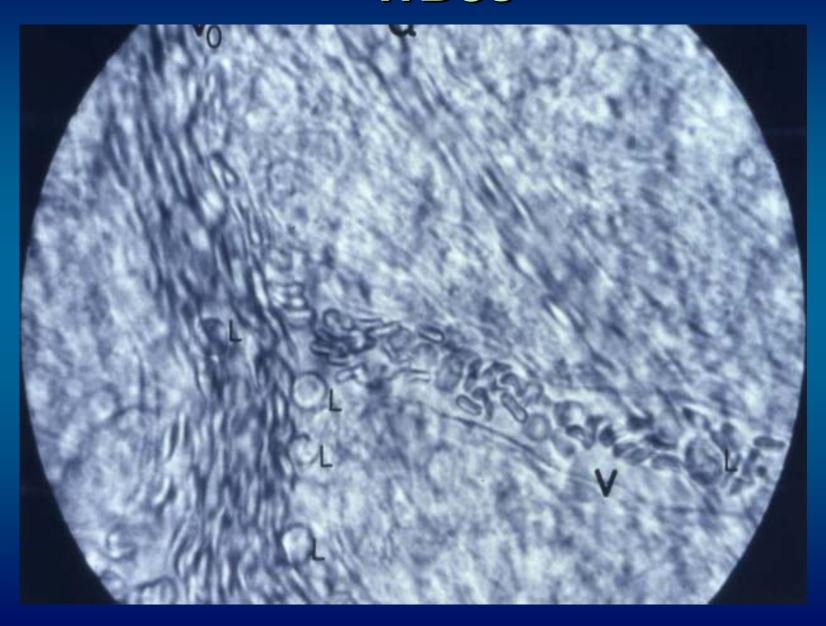
Circulatory Regulation



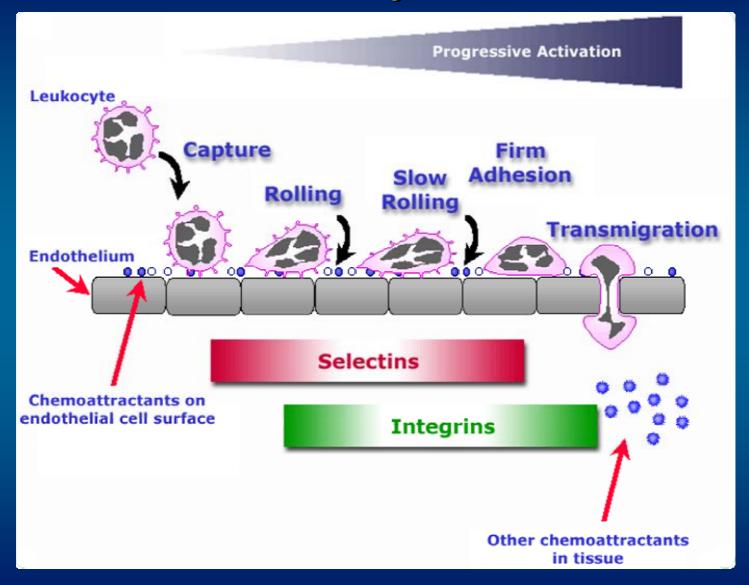
RBCs



WBCs



Inflammation: The Leukocyte Adhesion Cascade



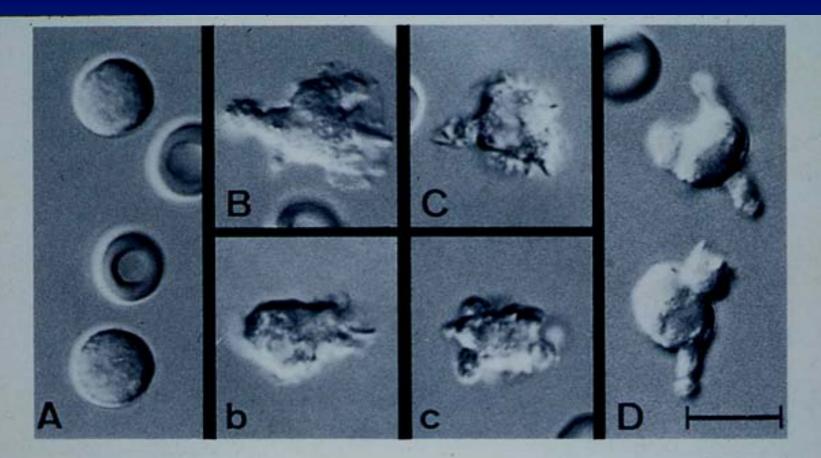
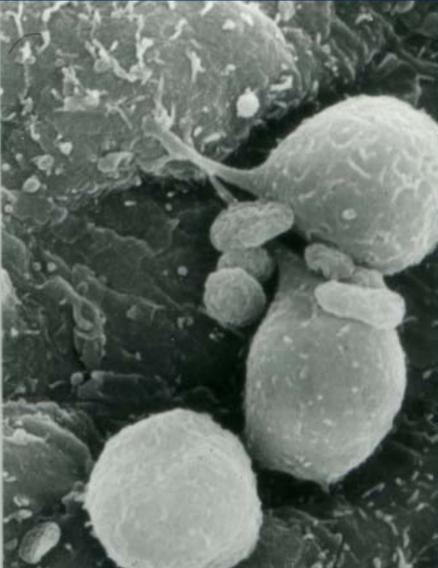
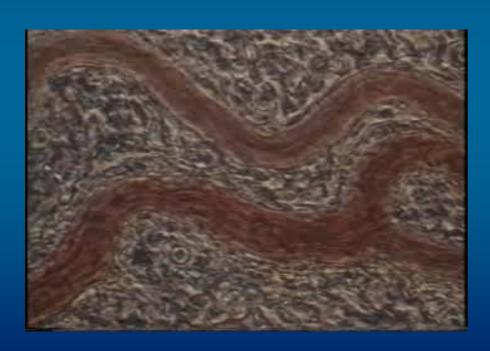


Fig. 1. Relationship between neutrophil shape, motility and locomotion: Spherical cells (A) are non-motile. Polarized cells with (B) and without (b) tail exhibit crawling-like movements in suspension and are capable of locomotion under conditions of limited adhesion. Neutrophils with a fuzzy irregular outline (C) or blebs (c) are motile but not locomoting. Neutrophils treated with microtubule-disassembling drugs exhibit blebs rather than ruffles at the leading front. They may or may not locomote on the substratum. Control cells (A), cells treated with 10^{-8} M (B, b) or 10^{-5} M (C, c), fMLP or 10^{-6} M nocodazole (D) were fixed in suspension and photographed with differential interference contrast (Nomarsky) microscopy. Scale bar: $10 \mu m$ (for details see [11, 16]).

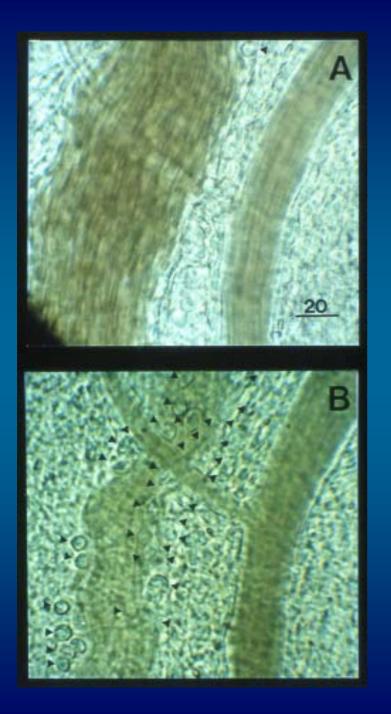




WBC Activation & Pathophysiology







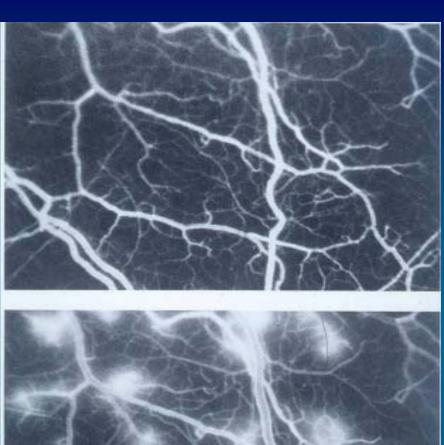
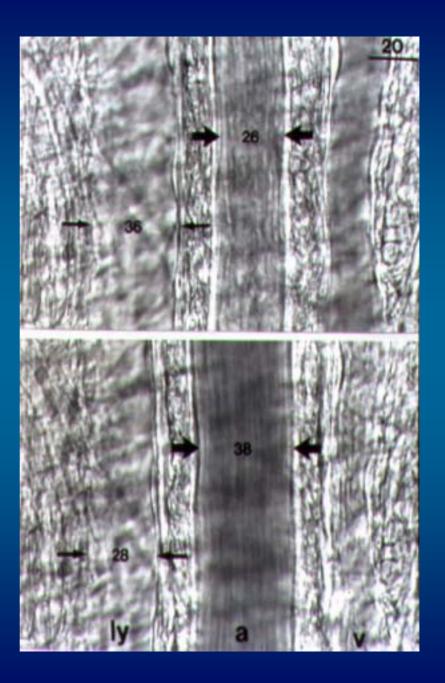




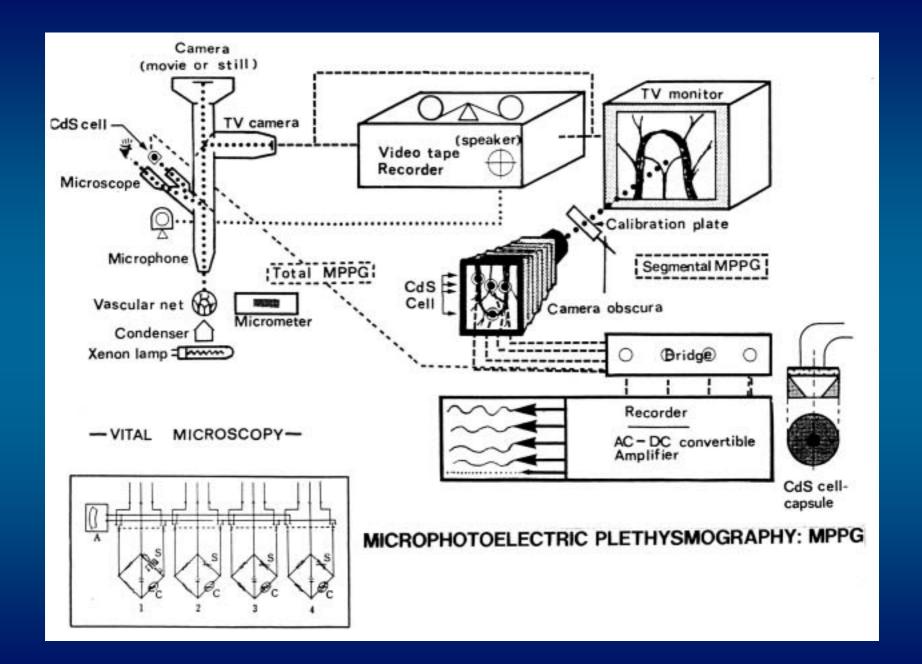
Fig. 1. Fluorescent micrographs of the hamster cheek pouch microvasculature, a control situation; b 5 min after the application of 4 nM leukotriene C_0 . Note increased vascular leakage only at postcapillary venules.

Vasomotion

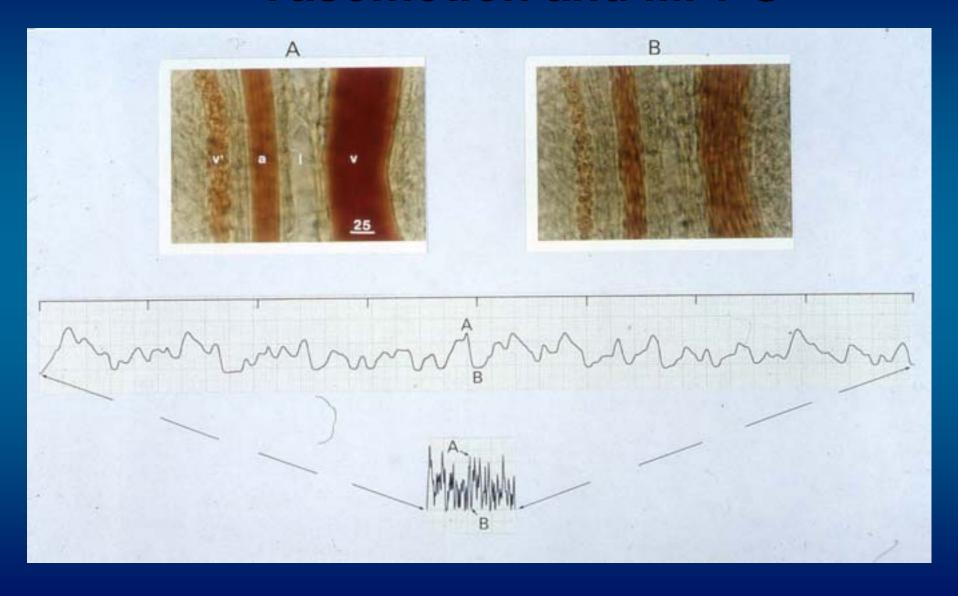


Vasomotion and Lymphatic Flow

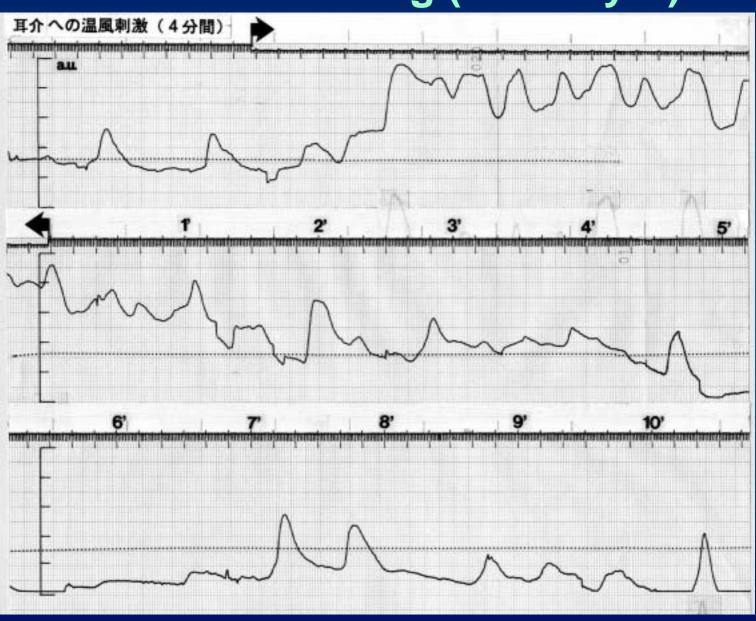




Vasomotion and MPPG



Effect of Warming (Hair Dryer)



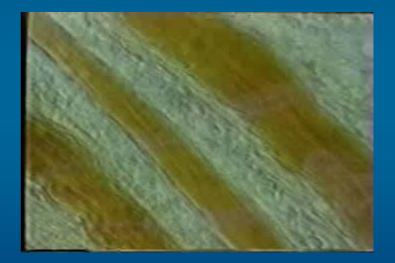
- 1. Microcirculation and Intravital Microscopy
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Vasodilator and Vasoconstrictor

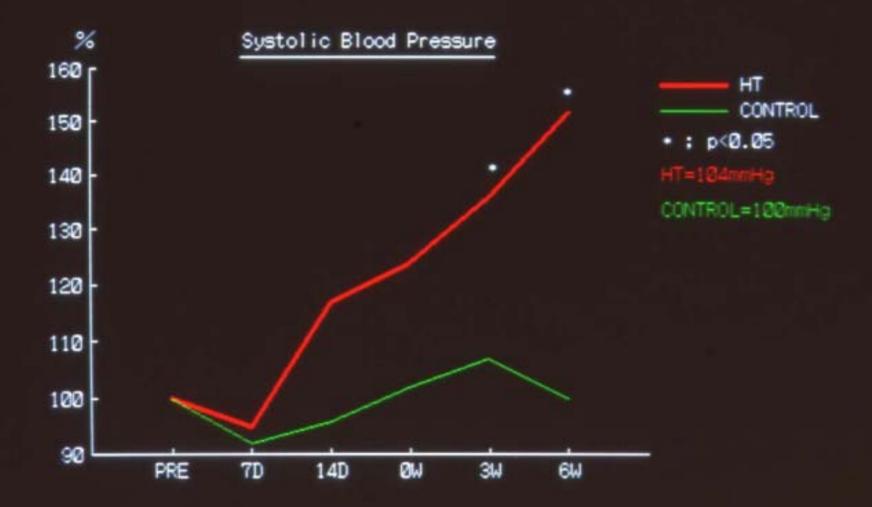
Nor-Adrenaline



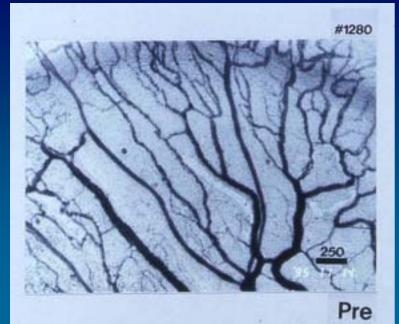
Acetylcholine

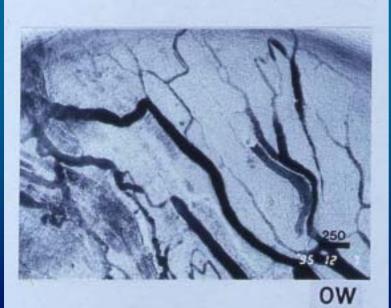


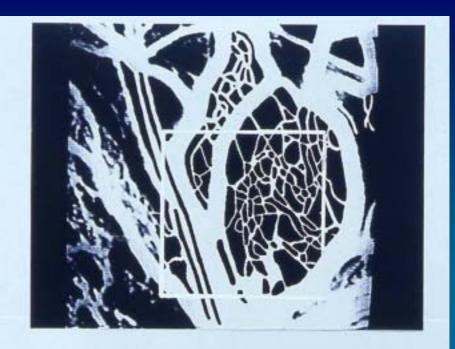
- 1. Microcirculation and Intravital Microscopy
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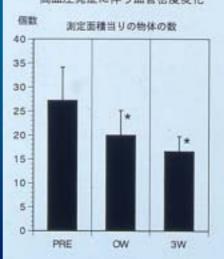






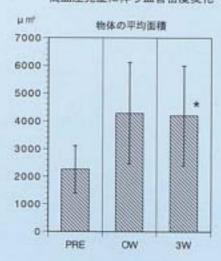


高血圧発症に伴う血管密度変化



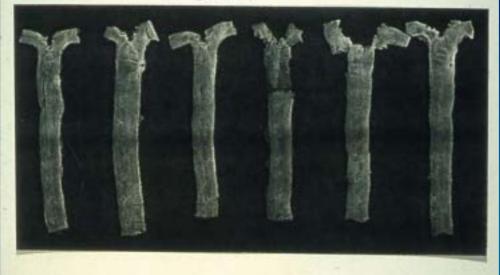
平均測定要積=123789±32296 μm/

高血圧発症に伴う血管密度変化

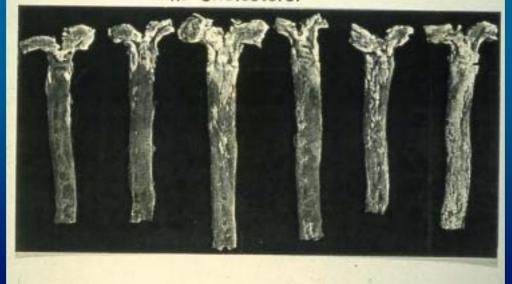


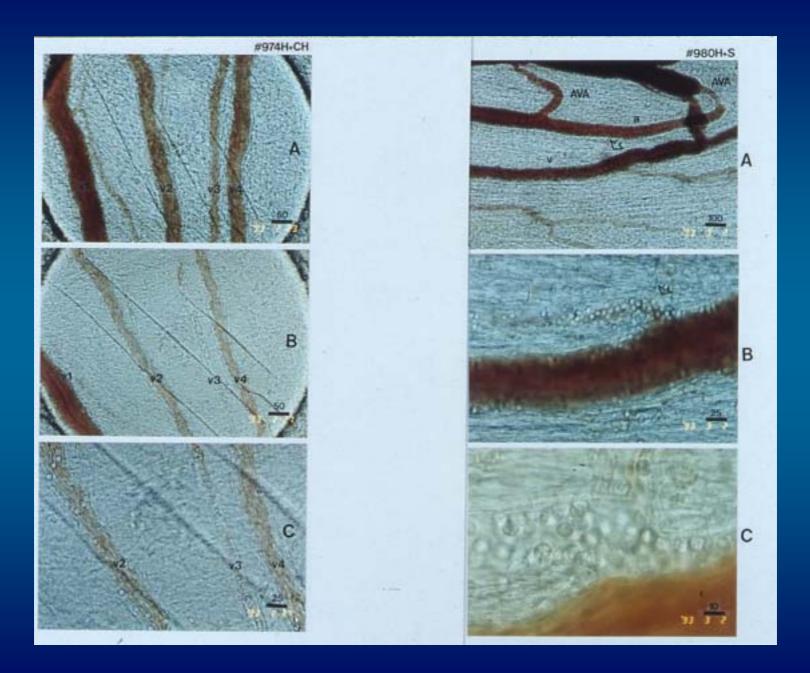
- 1. Microcirculation and Intravital Microscopy
- 2. Pharmacological Evaluation
- 3. Hypertension Model
- 4. Atherosclerosis Model
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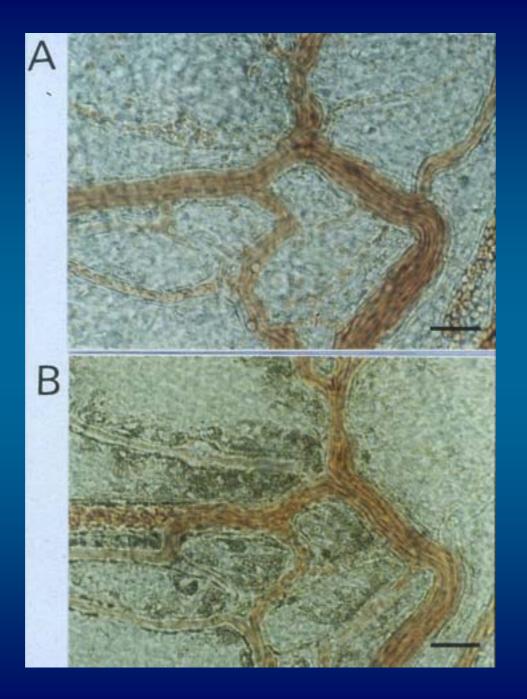
I. Control



II. Cholesterol



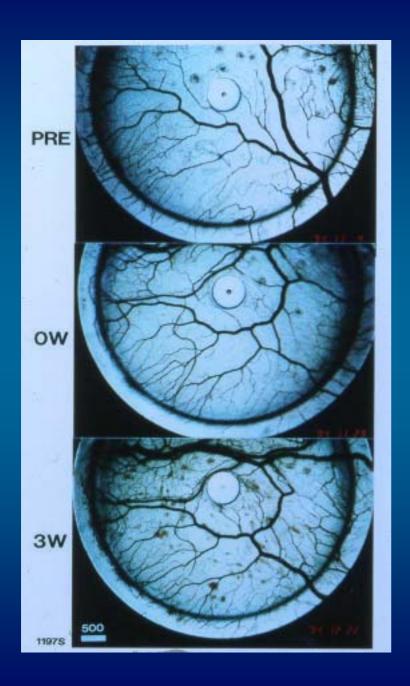


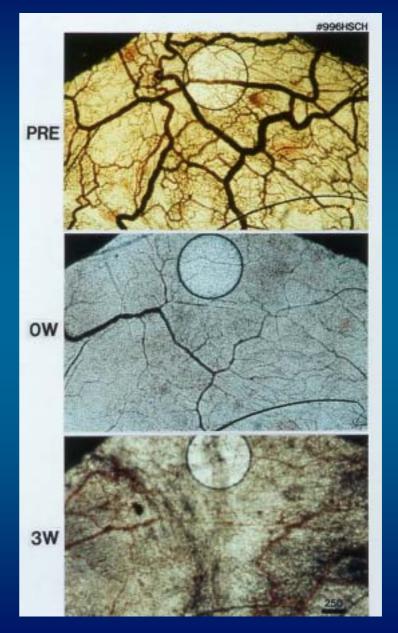


- 1. Microcirculation and Intravital Microscopy
- 2. Pharmacological Evaluation
- 3. Hypertension Model
- 4. Atherosclerosis Model
- 5. Cigarette Smoking Model
- 6. Evaluation of EMF









Microcirculation and its Application

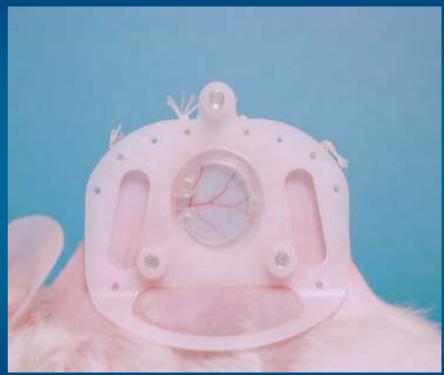
- 1. Microcirculation and Intra-vital Microscopy
- 2. Pharmacological Evaluation
- 3. Hypertension Model
- 4. Atherosclerosis Model
- 5. Cigarette Smoking Model
- 6. Evaluation of EMF

1. Power Frequency EMF

Effects of continuous whole-body exposure to 50 Hz electromagnetic fields on the intramicrovascular leukocyte behavior in mice

Dorsal Skinfold Chamber





Left: titanium Right: Resin (Duracon)

Frame weight comparison

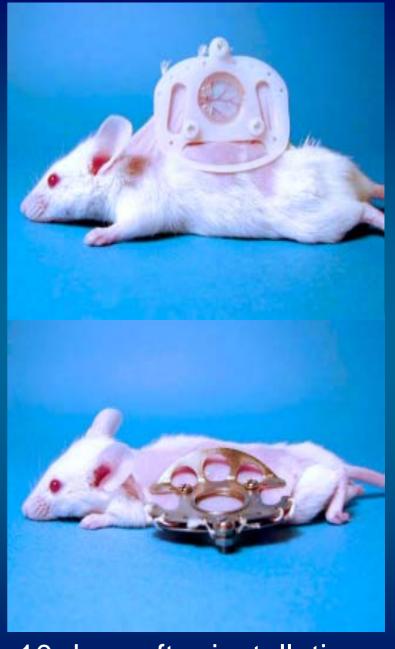
Resin frame
Titanium frame

1.6g

4.1 g

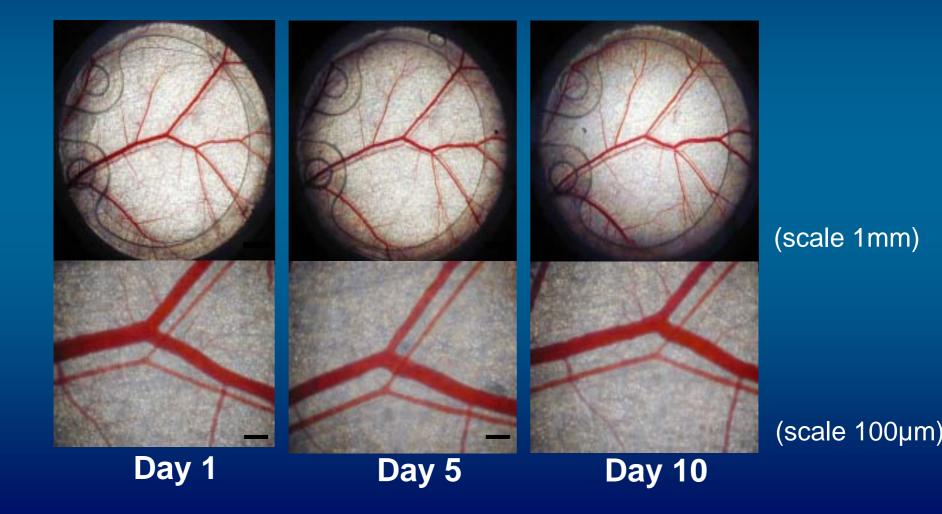


Relieve of weight



10 days after installation

Intra-vital microscopic overviews of DSC



Set up of intravital microscopy

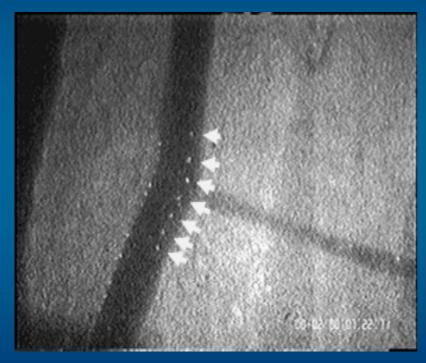
Trans-illumination
Fluorescent illumination
(epi-illumination 'conforcal laser)

- blood velocity
- blood flow volume
- •leukocyte behavior
- vessel density(tumor grouth)

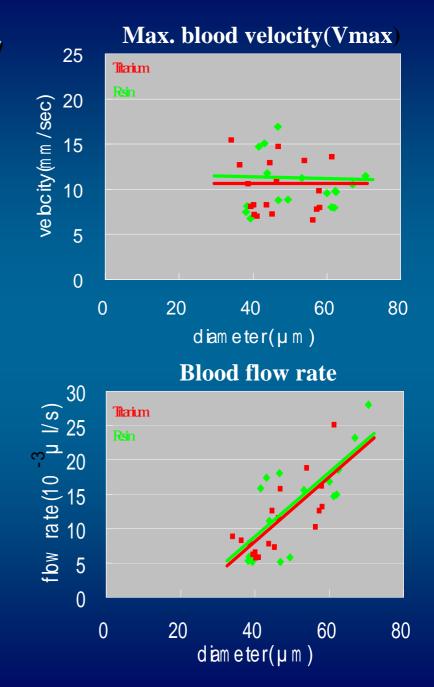


Arteriolar blood flow rate

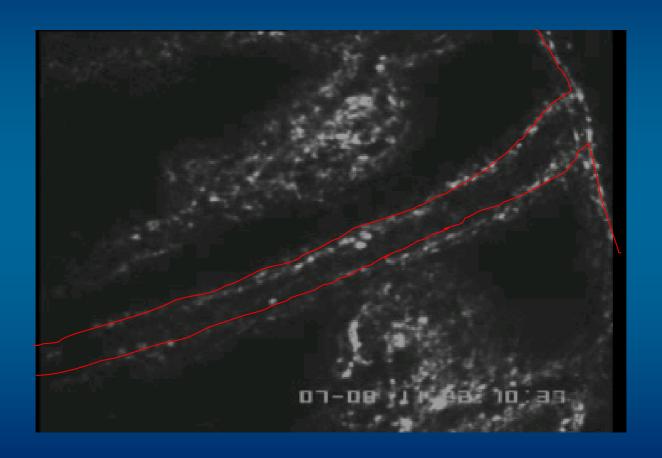
Strobe epi-illumination method



(Strobe 200Hz = 5msec/flash)



Visualized Leukocytes under Intravital confocal Microscopy



Rolling count (%) =
$$\frac{\text{rolling or adherent cell}}{\text{total cell}} \times 100$$

1) Acute exposure experiment

Exposure conditions

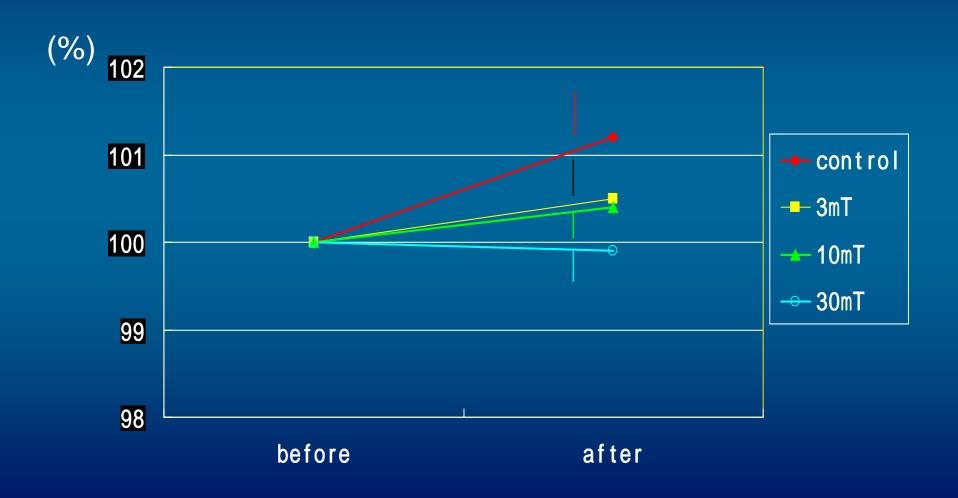
50 Hz EMF

Intensity: 3, 10, 30 mT

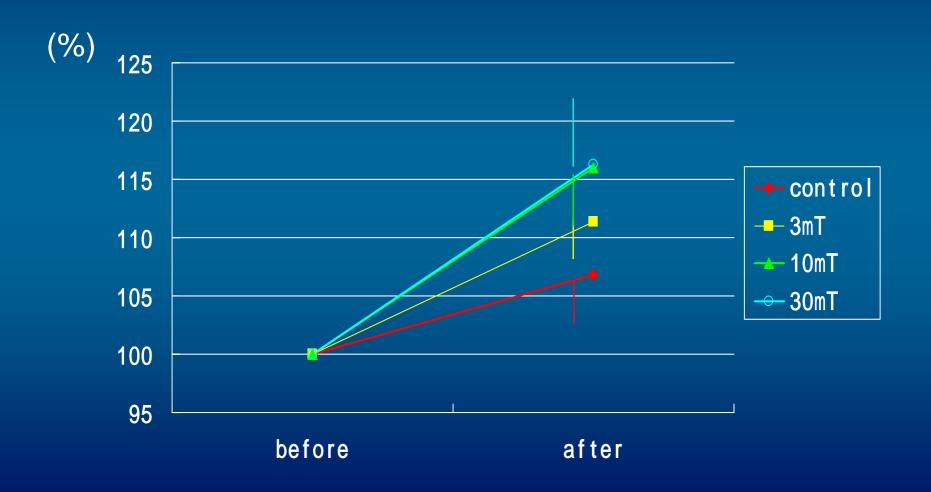
Period: 30 minutes



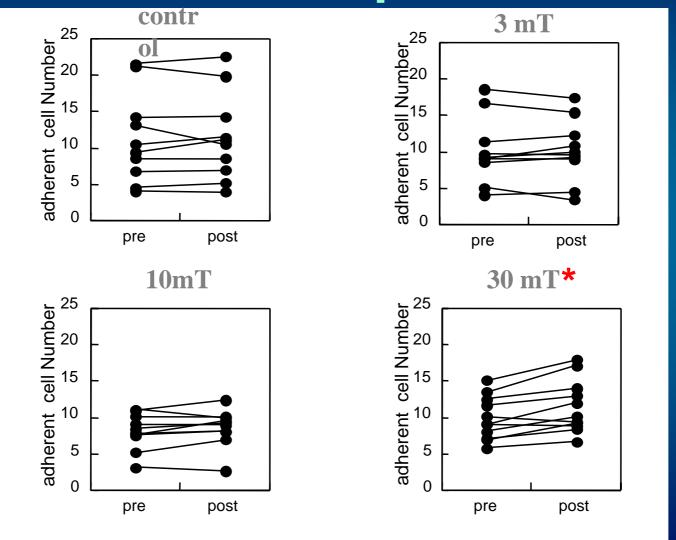
Venular diameter at before and after ELF exposure



Venular blood flow rate at before and after ELF exposure

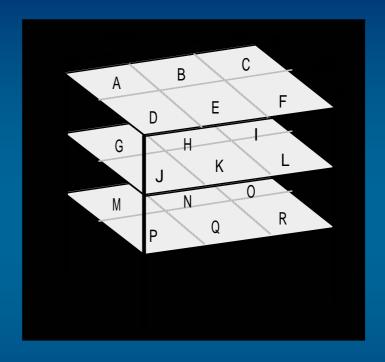


Adherent leukocytes at before and after ELF exposure



2) Subchronic exposure experiment





frequency: 50 Hz magnetic density: 3 mT

Protocol

- -5 dorsal skinfold chamber implantation to BALB/c mice (male, 8w)
 - mammary tumor cell implantation to the chamber (MMT060562, 1x10⁵ cell/mice)
 beginning of ELF exposure (22 hr/day)

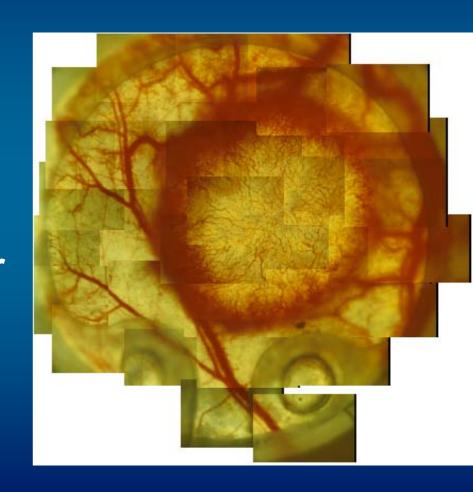
Day 0 & day 15

observation and analysis of microcirculatory parameters, tumor growth, and serum cytokine level

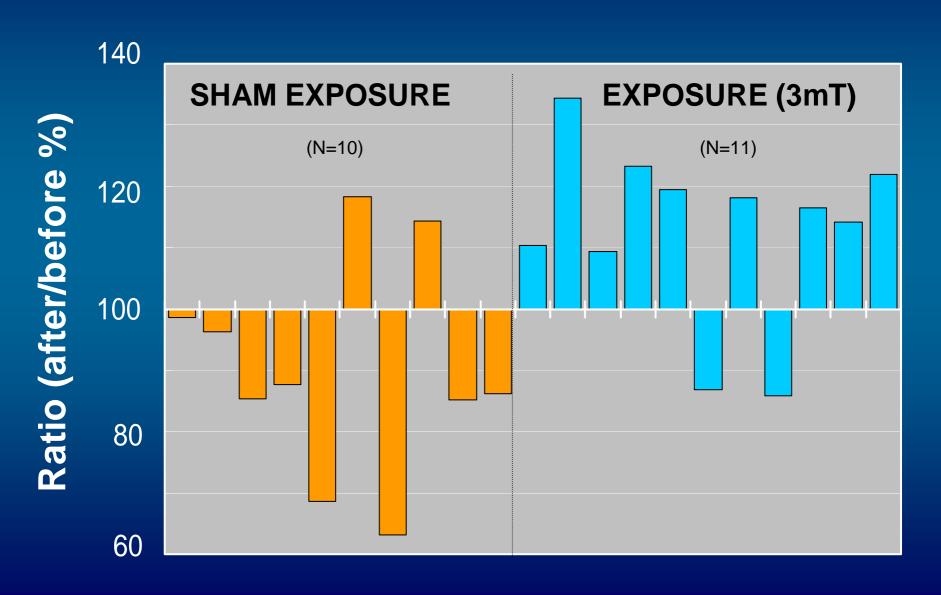
end of ELF exposure

Tumor and Angiogenesis

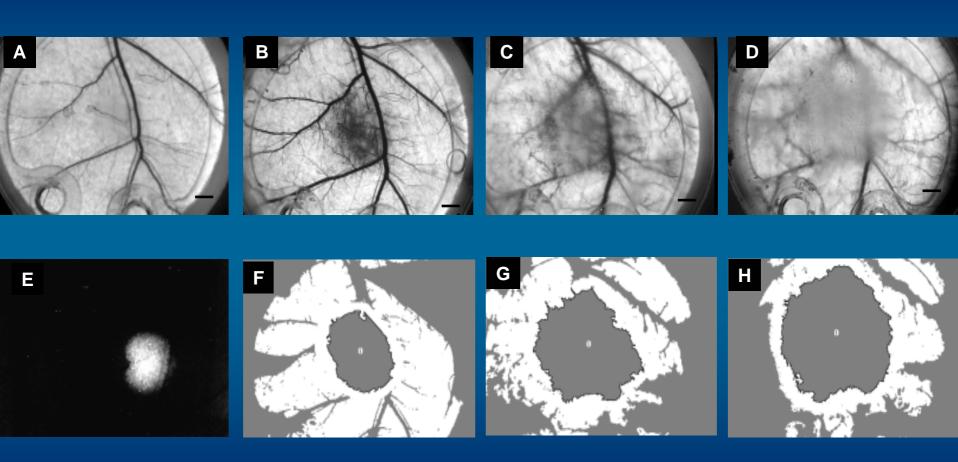
- Angiogenesis is the recruitment of new blood vessel.
- Angiogenesis in tumor tissue is an essential process of the tumor growth.



Adherent leukocytes at before and after ELF exposure

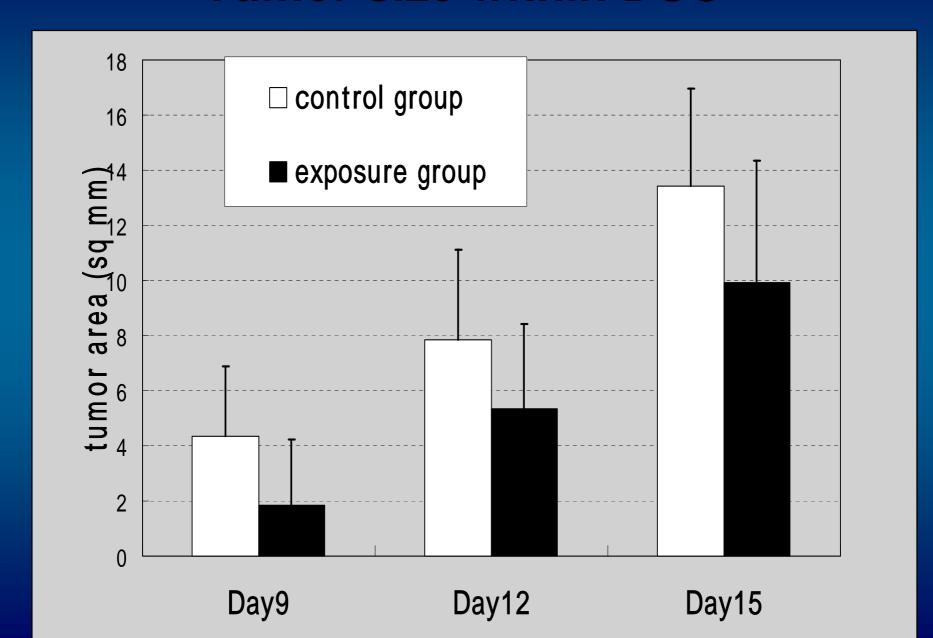


Estimation of tumor size within DSC



(Images were analyzed by NIH image)

Tumor size within DSC



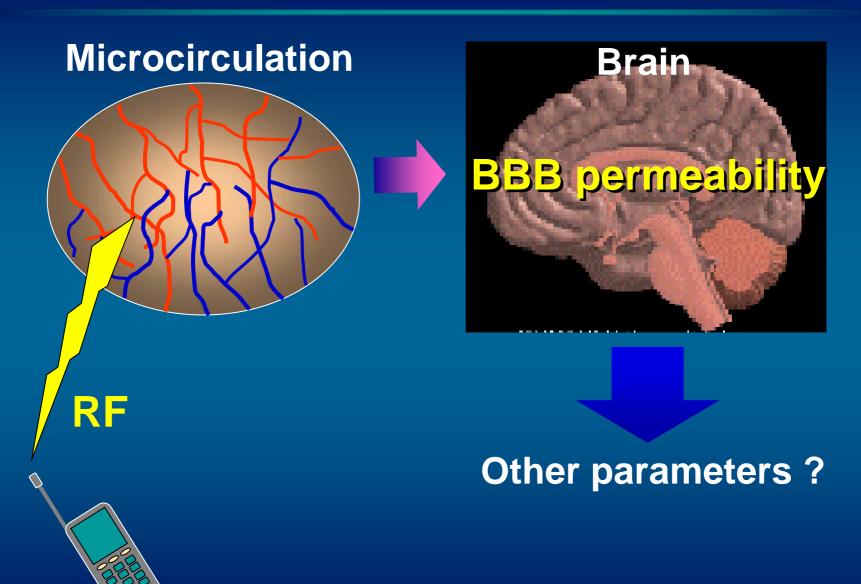
Conclusion: Power Frequency EMF

Power frequency EMF with mT levels may influence cell to cell interaction between endothelial cells and leukocytes. However, no effects on mammary tumor growth rate were recognized in tumor grafting mice.

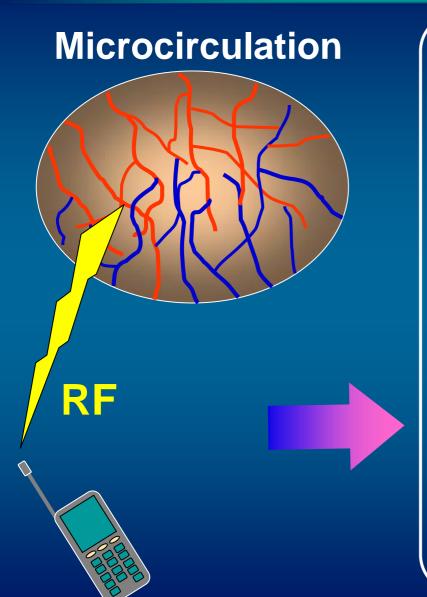
2. Radio Frequency EMF

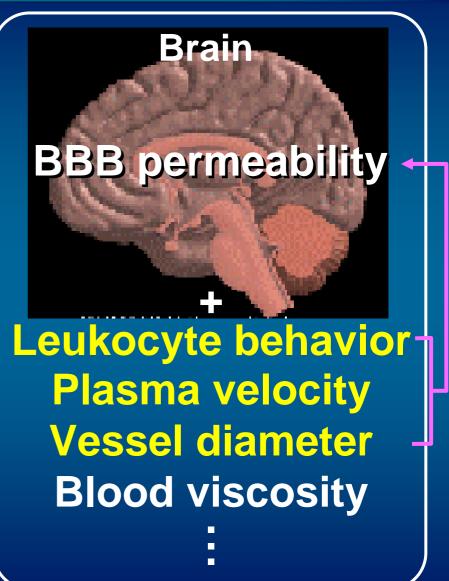
Intra-vital microscopic evaluation of acute effects on the brain by local exposure to radio-frequency electromagnetic fields in rats

Effects of RF on the cerebral microcirculation



Effects of RF on the cerebral microcirculation





Previous approach

Items	Histological approach	
Animal	Postmortem	
Observable region	Whole brain	
BBB permeability	Yes High sensitivity	
Protein expression	Yes	
Leukocyte behavior	No	
Blood flow	No	
Vessel diameter	No	
Plasma viscosity	No	
PO ₂ level	No	
Others	Easy to compare with previous results	

Our combination approach

Intravital microscopic approach	Items	Histological approach
Live	Animal	Postmortem
Pia mater (<200μm depth)	Observable region	Whole brain
Yes Real time	BBB permeability	Yes High sensitivity
No / (Yes with GFP)	Protein expression	Yes
Yes	Leukocyte behavior	No
Yes	Blood flow	No
Yes	Vessel diameter	No
Yes	Plasma viscosity	No
Yes	PO ₂ level	No
Possible to observe dynamic changes	Others	Easy to compare with previous results

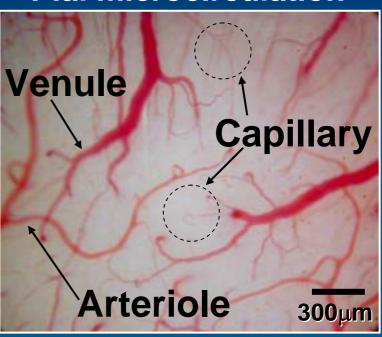
Modified cranial window method

Long-term observation of the same cerebral region

RF exposure with cranial window



Pial microcirculation



Fluorescence microscopy

Pial microcirculation



Na+-fluorescein injection

Evaluated parameters

- 1. BBB permeability
- 2. Leukocyte behavior
- 3. Plasma velocity
- 4. Vessel diameter

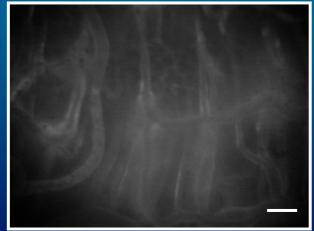
1. BBB permeability (1)

Extravasation of FITC-Dx from pial vessels

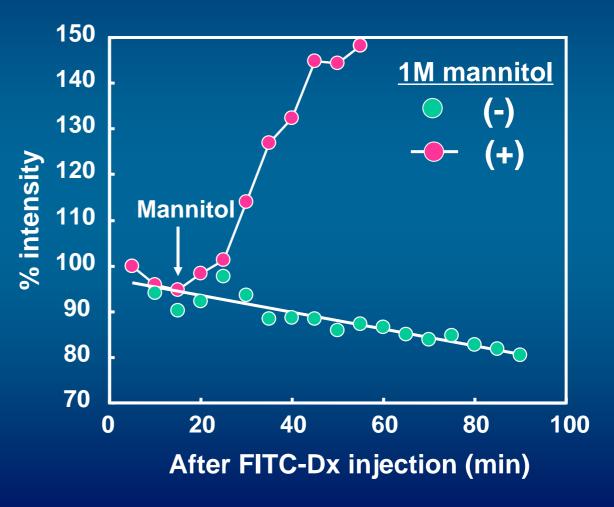
Normal condition



1M mannitol

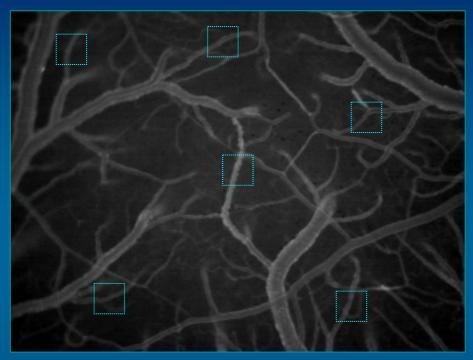


Bar: 100μm



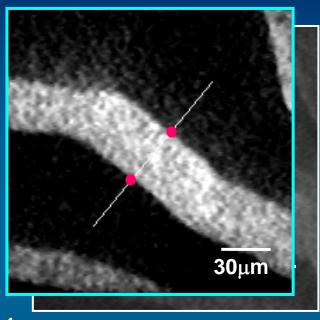
1. BBB permeability (2)

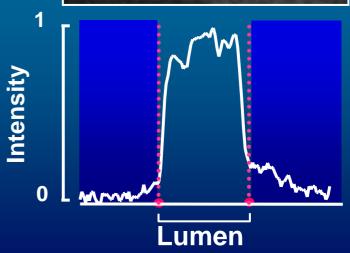
Pial venules



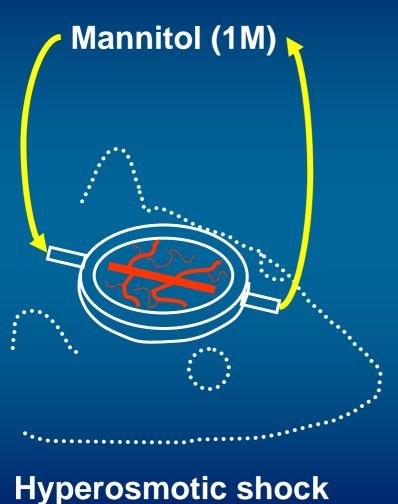
After Na+-fluorescein injection

Normal

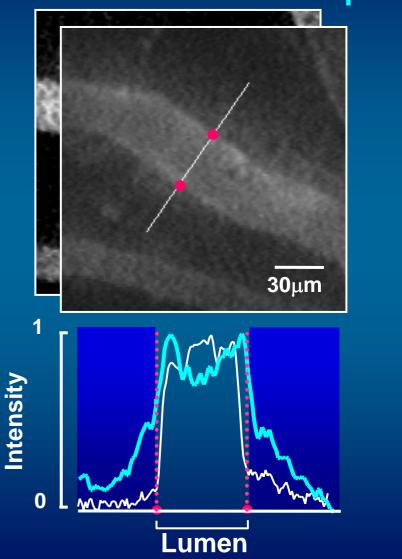




1. BBB permeability (2)



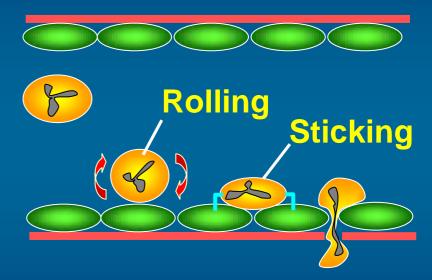
Normal → **BBB** disruption



2. Leukocyte behavior

Stained leukocytes





Stained with Rhodamine 6G

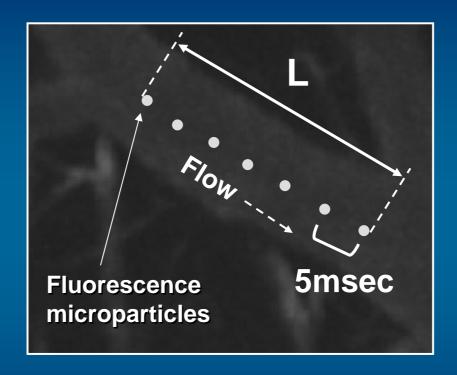
3. Plasma velocity



After fluorescent microparticles injection

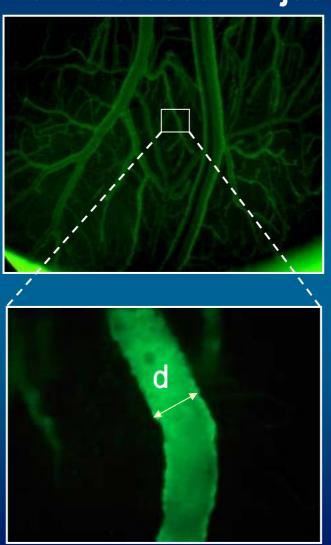
3. Plasma velocity

One frame under 200Hz-flashlight



4. Vessel diameter

After Na+-fluorescein injection



Loop antenna and SAR values

				(W/kg)
Brain	Average	0.18	1.80	6.84
	Peak	0.27	2.96	11.30
Whole body	Average	<0.009	≤0.09	≤0.342

The threshold of thermal effects : about 1 to 4 W/kg (the average SAR of the whole body)



Whole body
$$\leq \frac{1}{20}$$
 Brain

Exposure protocol

Pre Measurements

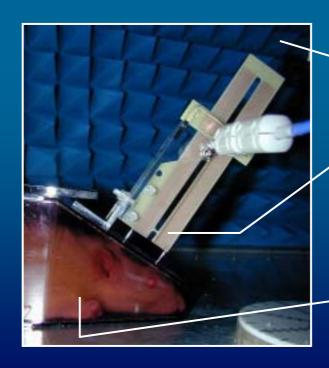
10 min RF exposure

Post Measurements

with anesthesia

Brain average SAR

0.18 W/kg1.80 W/kg6.84 W/kg



- Small anechoic chamber
- Loop antenna

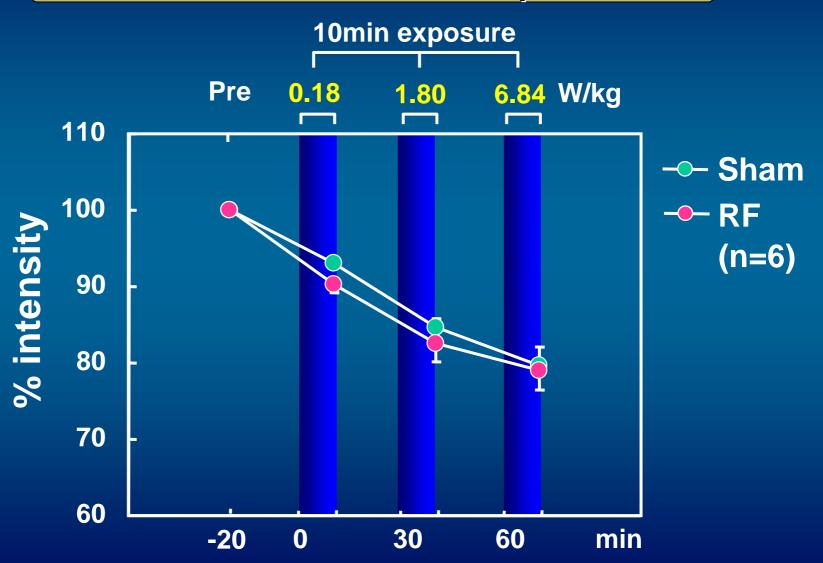
Frequency: 1439 MHz

Signal type: TDMA (PDC)

SD rat with cranial window

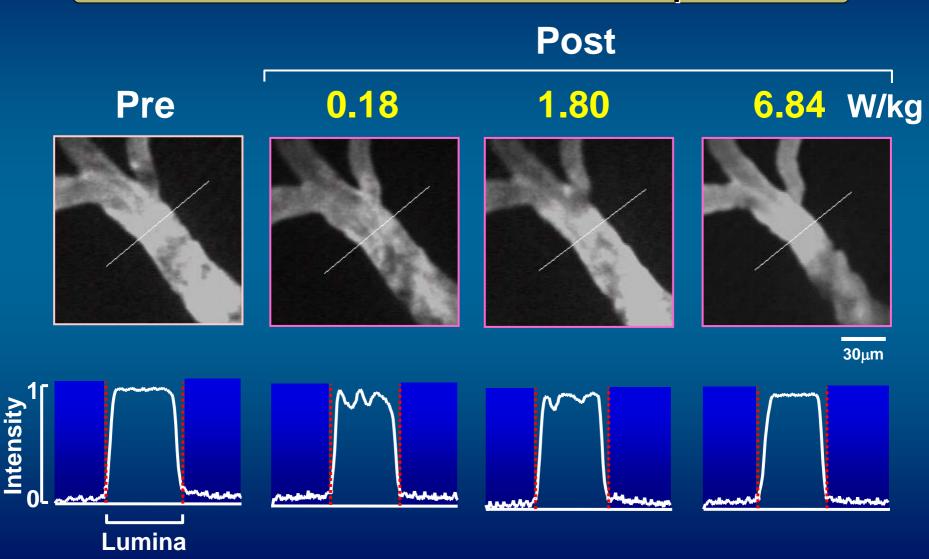
BBB permeability (1)

Extravasation of FITC-Dx from pial vessels



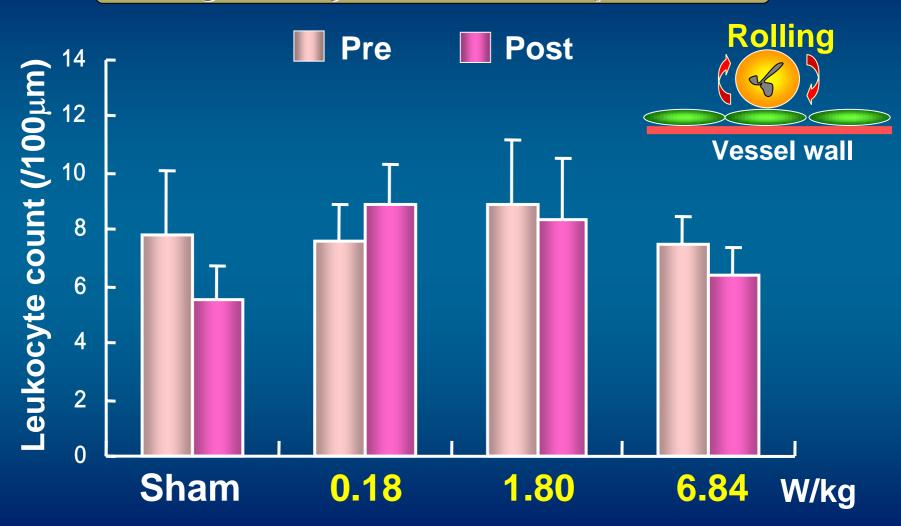
BBB permeability (2)

Extravasation of Na+-fluorescein from pial venule



Leukocyte behavior (1)

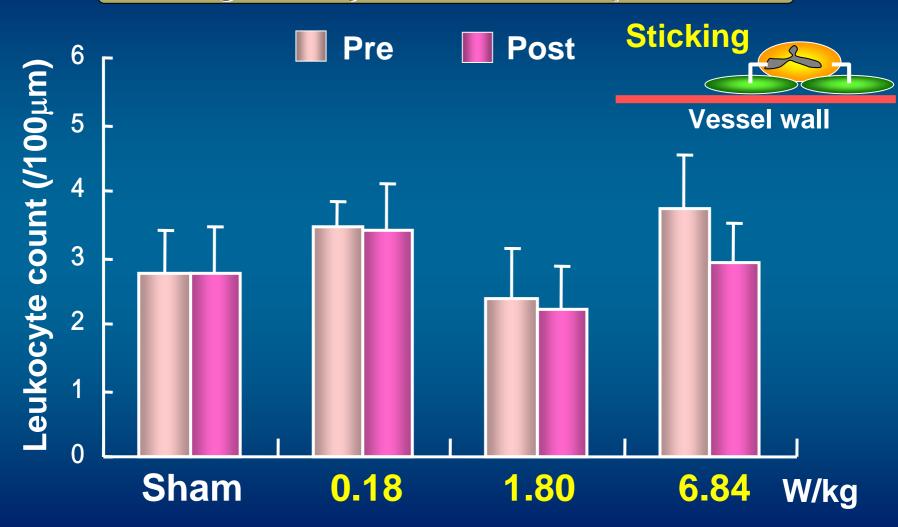
Rolling-leukocyte counts in the pial venule



(venule: 8-30 μ m, n = 7-8)

Leukocyte behavior (2)

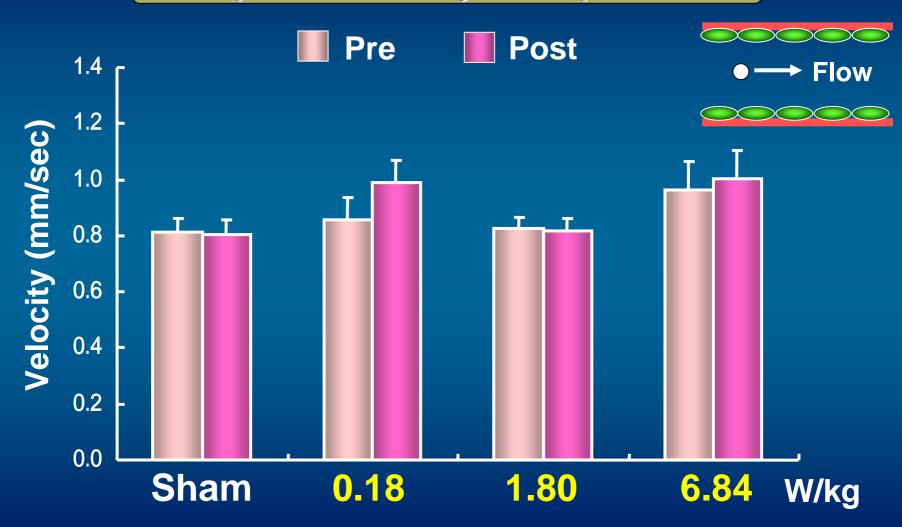
Sticking-leukocyte counts in the pial venule



(venule: 8-30 μ m, n = 7-8)

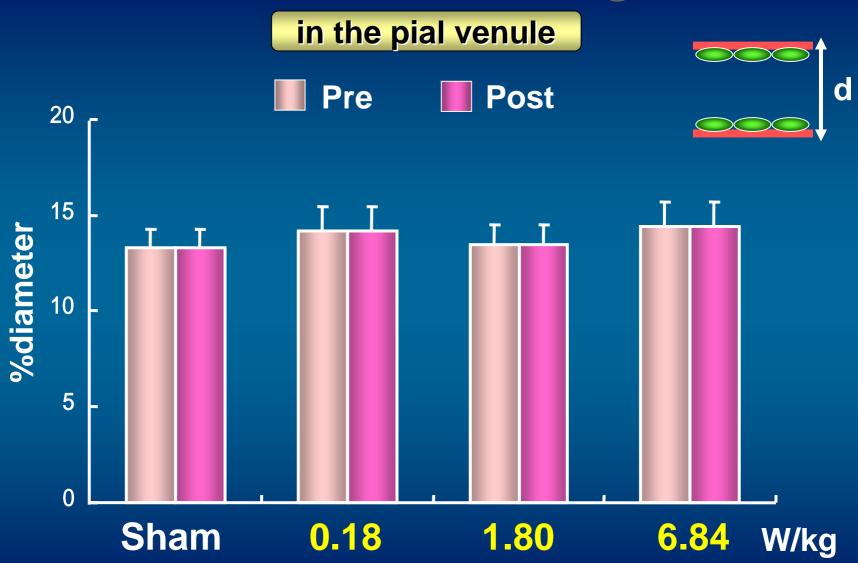
Plasma velocity changes

Microparticle velocity in the pial venule



(venule: 8-30 μ m, n = 11-14)

Vessel diameter changes



(venule: 8-30 μ m, n = 11-14)

Acute effect of RF exposure



BBB permeability
Leukocyte behavior
Plasma velocity
Vessel diameter

No significant changes

Conclusion: Radio Frequency EMF

We evaluated acute effects of RF local exposure whose intenisties are more than permissible exposure limits due to ICNIRP guidelines by use of loop antenna on cerebral microcirculation within cranial window using intra-vital microscopy in rats. No noticeable changes occurred due to our exposure conditions for the four microcirculatory parameters including BBB function.

3. Static MF

Modulatory effects of static magnetic fields with mT levels on circulatory system in experimental animals.

Publications related with Static MF

- 1) Ohkubo C, Xu S. 1997. Acute effects of static magnetic fields on cutaneous microcirculation in rabbits. In Vivo 11:221-225.
- 2) Xu S, Okano H, Ohkubo C. 1998. Subchronic effects of static magnetic fields on cutaneous microcirculation in rabbits. In Vivo 12:383-389.
- 3) Okano H, Gmitrov J, Ohkubo C. 1999. Biphasic effects of static magnetic fields on cutaneous microcirculation in rabbits. Bioelectromagnetics 20:161-171.
- 4) Xu S, Okano H, Ohkubo C. 2000. Acute effects of whole-body exposure to static magnetic fields and 50-Hz electromagnetic fields on muscle microcirculation in anesthetized mice. Bioelectrochemistry 53:127-135.
- 5) Okano H, Ohkubo C. 2001. Modulatory effects of static magnetic fields on blood pressure in rabbits. Bioelectromagnetics 22:408-418.
- 6) Gmitrov J, Ohkubo C. 2002a. Artificial static and geomagnetic field interrelated impact on cardiovascular regulation. Bioelectromagnetics 23:329-338.

Publications related with Static MF

- 7) Gmitrov J, Ohkubo C. 2002b. Verapamil protective effect on natural and artificial magnetic field cardiovascular impact. Bioelectromagnetics 23:531-541.
- 8) Gmitrov J, Ohkubo C, Okano H. 2002. Effect of 0.25 T static magnetic field on microcirculation in rabbits. Bioelectromagnetics 23:224-229.
- 9) Okano H, Ohkubo C. 2003a. Anti-pressor effects of whole-body exposure to static magnetic field on pharmacologically induced hypertension in conscious rabbits. Bioelectromagnetics 24: 139-147.
- 10) Okano H, Ohkubo C. 2003b. Effects of static magnetic fields on plasma levels of angiotensin II and aldosterone associated with arterial blood pressure in genetically hypertensive rats. Bioelectromagnetics 24:403-412.
- 11) Okano H, Masuda H, Ohkubo C. 2004a. Effects of 25 mT static magnetic field on blood pressure in reserpine-induced hypotensive Wistar-Kyoto rats. Bioelectromagnetics. in press.
- 12) Okano H, Masuda H, Ohkubo C. 2004b. Decreased plasma levels of nitric oxide metabolites, angiotensin II and aldosterone in spontaneously hypertensive rats exposed to 5 mT static magnetic field. Bioelectromagnetics. in press.

Conclusion: Static MF

The results suggest that Static MF with mT levels could modulate beneficially the micro- and macrocirculation and/or blood pressures in a drugtreated animal and a genetically hypertensive, and a drug-treated hypotensive animal. These effects would be used in possible explanation for the therapeutic effects on many diseases related to dysfunction in micro- and macrocirculation in h u m a n s u b j e c t s.

Overall Conclusion

Intra-vital microcirculatory measurement is one of the most rational and fundamental tools for evaluating the exposure effects of EMF in animals. National Institute of Public Health

Akira Ushiyama, Hiroshi Masuda Hideyuki Okano, Syougo Hirota





National Institute of Information and Communications Technology

Hiroshi Watanabe, Kanako Wake So-ichi Watanabe, Yukio Yamanaka

Tokyo Metropolitan University

Masao Taki, Yukihisa Suzuki